

The Computer Virus: 10 Ways to Protect Yourself

You may already have had a bad experience with a computer viruses. If this is true then you may have been due to opening an email from some one you didn't know, or from downloading a ton of different files off the internet. Either way, if you want to ensure this doesn't happen again, the you should read this article to guard yourself against the annoying computer bugs.

I have put together 10 tips that you can follow in order to avoid being infected by a nasty virus that could potentially turn your PC into a disaster zone.

1. Get yourself some antivirus software from a respected company such as Norton Antivirus software. You should set it up to run automatically every time you turn your computer on.
2. Your anti virus software must be kept up to date. You can do this by checking it manually on a weekly basis, or on some software, this can be set up automatically for you.
3. You can also set up your software to automatically scan for viruses each time you open a word document that you recieve through email. This virus is called a Macro Virus.
4. Downloading software from the internet should be done as little as possible. There are many neat programs available on the internet, but unfortunately there are many viruses that go along with them also.
5. Resist swapping data with the use of floppy disks or other mobile storage devices between various computers. If exchanging programs between computers is unavoidable just make sure to scan the storage device(s) for viruses before transferring data from one computer to the next.
6. You must format floppy discs the first time that they are used to transfer data.
7. Only use trusted vendors when you are buying new software for your computer.
8. Never use pirated software. This is both illegal and a very good way to invite an unwanted computer virus.
9. You must scan all programs you download of the web, BEFORE you open and install them on your computer.
10. Back up your files on regular basis so that if you do get infected, you can delete the corrupted files and replace them with clean ones that were saved earlier.

Following the steps I have laid out won't guarantee that you will not be infected, but it will make you far less likely of becoming a victim of a dreaded computer virus.

About the Author

Roberto Beiro is a new author on the web. You can find more [computer advice](#) from him at his website Old boy articles. There are also 100's of articles on other subjects including finance advice, and [travel advice](#) .

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